

**3<sup>rd</sup> Global Summit for Mental Health Advocates 2023**  
**Mental Health Advocacy and Promotion Towards Sustainable Future:**  
**Educate - Empower - Engage**  
**9 & 10 Oct 2022, 8.30am – 6pm**

Programme for Day 1 – 9 Oct 2023

<b>Time</b>	<b>Programme</b>	<b>Venue</b>
8am	Registration	Open Space
9am	Arrival of Guest of Honour	Lecture Theatre 4
9.05am	<b>Welcome Address</b> Ms Ellen Lee, JP, PBM <ul style="list-style-type: none"> <li>• President, Silver Ribbon (Singapore), Singapore</li> <li>• Chair, Global Alliance for Mental Health Advocates, Singapore</li> <li>• Former Member of Parliament for Sembawang GRC, Singapore</li> </ul>	Lecture Theatre 4
9.15am	<b>Opening Address</b> Ms Sun Xueling Minister of State Ministry of Social and Family Development Ministry of Home Affairs Singapore	Lecture Theatre 4
9.25am	<b>Silver Ribbon Mental Health Awards Ceremony</b> <ul style="list-style-type: none"> <li>• Employers</li> <li>• Schools</li> <li>• Community, Culture &amp; Sports</li> </ul>	Lecture Theatre 4
10.30am	Networking Tea Break 1	Opening Space
11am	<b>Keynote Address</b> <b>People with lived experience of mental health conditions as the active change agents to reduce mental health stigma and discrimination</b>  Prof Sir Graham Thornicroft <ul style="list-style-type: none"> <li>• Mental Health Advisor to Director General of World Health Organization (WHO)</li> <li>• Professor of Community Psychiatry, Institute of Psychiatry, Psychology &amp; Neuroscience, King's College London (KCL), United Kingdom</li> <li>• Member of Global Alliance for Mental Health Advocates Advisory Panel, United Kingdom</li> </ul>	Lecture Theatre 4
12 pm	Networking Lunch Break 1	Open Space
1pm	<b>Plenary Session 1</b> <b>WFMH's Role in Mental Health Advocacy &amp; Promotion Towards a Sustainable Future. Educate, Empower and Engage</b> Dr Ingrid Daniels <ul style="list-style-type: none"> <li>• Immediate Past President, World Federation for Mental Health</li> </ul>	Lecture Theatre 4

	<ul style="list-style-type: none"> <li>• Chief Executive Officer, Cape Mental Health, South Africa</li> <li>• Honorary Senior Lecturer in the Division of Intellectual Disability, Department of Psychiatry and Mental Health, University of Cape Town, South Africa</li> <li>• Member of Global Alliance for Mental Health Advocates Advisory Panel, South Africa</li> </ul>	
2pm	<p><b>Plenary Session 2</b>  <b>Standing Together for Mental Health</b>  Mr Tan Lin Teck</p> <ul style="list-style-type: none"> <li>• Deputy Chief Executive, National Youth Council, Singapore</li> <li>• Senior Director (Youth), Ministry of Culture, Community &amp; Youth, Singapore</li> </ul>	Lecture Theatre 4
3pm	Networking Tea Break 2	Open Space
3.30pm	<p><b>Plenary Session 3</b>  <b>Breathe! ....RERAME Your Thinking, Refresh Your Life: Towards a Sustainable Future</b>  Prof Fatimah Lateef</p> <ul style="list-style-type: none"> <li>• Board Member, Silver Ribbon (Singapore), Singapore</li> <li>• Founding Member, Global Alliance for Mental Health Advocate Advisory Panel, Singapore</li> <li>• Former Member of Parliament for Marine Parade GRC, Singapore</li> <li>• Senior Consultant Emergency Physician, Singapore General Hospital, Singapore</li> <li>• Professor, National University of Singapore YLL, Duke NUS and Lee Kong Chian Medical Schools, Singapore</li> </ul>	Lecture Theatre 4
4.30pm	<p><b>Breakout Session 1</b>  <b>Recovery through work opportunities provision: Japan report</b>  Dr Tsuyoshi Akiyama</p> <ul style="list-style-type: none"> <li>• President-Elect, World Federation for Mental Health</li> <li>• President, Japanese Society for the Elimination of Barriers to Mental Health, Japan</li> </ul>	Lecture Theatre 4
	<p><b>Breakout Session 2</b>  <b>Future of Mental Health Services</b>  Adj Associate Prof Lee Cheng</p> <ul style="list-style-type: none"> <li>• Senior consultant &amp; Psychiatrist; Clinical Director Office of Population Health, Institute of Mental Health, Singapore</li> <li>• Immediate Past President, Silver Ribbon (Singapore), Singapore</li> </ul>	B10
	<p><b>Breakout Session 3</b>  <b>An Initiative to Formulate the Policy Directions on Mental Health in Hong Kong</b>  Ms Deborah Wan</p> <ul style="list-style-type: none"> <li>• Past President, World Federation for Mental Health</li> </ul>	B11

	<ul style="list-style-type: none"> <li>Member, Global Alliance for Mental Health Advocates Advisory Panel, Hong Kong, Special Administrative Region of the People's Republic of China</li> </ul>	
5pm	<p><b>Breakout Session 4</b>  <b>Sharing Recovery Stories: The Healing Power of Narrating Lived Experiences</b></p> <ul style="list-style-type: none"> <li>Ms Sumaiyah Mohamed, Programme Coordinator, Club HEAL, Singapore</li> <li>Mr. Felix Avellino Philmone, Employment Support Officer, Club HEAL, Singapore</li> </ul>	Lecture Theatre 4
	<p><b>Breakout Session 5</b>  <b>Enhancing agitation management and empathy in healthcare students: using a blended learning approach with Virtual Reality</b>  Assistant Professor Ho Su Hui, Cyrus National University of Singapore, Singapore</p>	B10
	Global Alliance for Mental Health Advocates (GAMHA) Annual Meeting 2023 – Part 1 - By Invitation Only	B11
5.30pm	<p><b>Breakout Session 6</b>  <b>Engaging the Healers - Mental Health Stigma in Healthcare, by Healthcare</b>  Dr Soh Keng Chuan, Consultant Psychiatrist, Khoo Teck Puat Hospital, Singapore</p>	Lecture Theatre 4
	<p><b>Breakout Session 7</b>  <b>The Journey toward Wellness and Growth – Employment Perspective in Building Long Term Resilience</b>  Mr Andi Susanto, Senior Rehabilitation Counselor, Singapore Anglican Community Services, Singapore</p>	B10
	Global Alliance for Mental Health Advocates (GAMHA) Annual Meeting 2023 – Part 2 - By Invitation Only	B11
6pm	<p>End of Day 1  Rest well and see you tomorrow! 😊</p>	-

Programme for Day 2 – 10 Oct 2023

Time	Programme	Venue
8am	Registration	Open Space
8.30am	<b>Breakout Session 8</b> <b>The two banks, financial and emotional, we need to live Happy</b> Ms Ong San San Counsellor Care Corner Counselling Centre, Singapore	Lecture Theatre 4
	<b>Breakout Session 9</b> <b>Peer education as an effective tool for promoting healthy behaviours among adolescents</b> <ul style="list-style-type: none"> <li>• Dr Mamatha Achanta                             <ul style="list-style-type: none"> <li>○ Founder, Tharuni, India</li> <li>○ Member, Global Alliance for Mental Health Advocates Advisory Panel, India</li> </ul> </li> <li>• P. Raghuvver, National Director, Tharuni, India</li> </ul>	B10
	<b>Breakout Session 10</b> <b>Joint Hands Between Police and Civilian in the Drug Prevention</b> <ul style="list-style-type: none"> <li>• Dr Tan Cho Chiong                             <ul style="list-style-type: none"> <li>○ Associate Professor, Dr Nicanor Reyes Medical Foundation, Far Eastern University, Philippines</li> <li>○ Member, Global Alliance for Mental Health Advocates Advisory Panel, Philippines</li> </ul> </li> </ul> <b>Mental Health of Street Dwellers in Manila</b> <ul style="list-style-type: none"> <li>• Dr Jocelyn Ilagan                             <ul style="list-style-type: none"> <li>○ Administrator Sigla Tala Ministry, Tondo Blessed Hope Bible Baptist Church, Philippines</li> <li>○ Member, Global Alliance for Mental Health Advocates Advisory Panel, Philippines</li> </ul> </li> </ul>	B11
9am	<b>Plenary Session 4</b> <b>Advocating for Mental Health in Singapore – National Council of Social Service</b> Ms Tan Li San Chief Executive Officer National Council of Social Service, Singapore	Lecture Theatre 4
10am	Networking Tea Break 3	Open Space
10.30am	<b>Breakout Session 11</b> <b>Digital Wellbeing: Thriving in the Online Space</b> Dr Carol Soon Senior Research Fellow Head of Society & Culture Department Institute of Policy Studies Lee Kuan Yew School of Public Policy National University of Singapore, Singapore	Lecture Theatre 4

	<b>Breakout Session 12</b> <b>Social Media and Mental Health</b> Mr Jeremy Ong Regional Policy Manager TikTok, Singapore	B10
	<b>Breakout Session 13</b> <b>Breaking the Stigma – Community-Based Approaches to promoting Mental Health</b> Ms Voon Yen Sing Deputy Director, Clinical Services Singapore Association for Mental Health Singapore	B11
11am	<b>Breakout Session 14</b> <b>The mental health of migrant workers during the COVID-19 crisis</b> Mr Marcus Moo Hon Choong Director, Social & Community Services (Singapore) The Salvation Army, Singapore	Lecture Theatre 4
	<b>Breakout Session 15</b> <b>Creating access to mental healthcare support for sex workers</b> Ms Vanessa Ho Executive Director Project X, Singapore	B10
	<b>Breakout Session 16</b> <b>Mental Health in Singapore Post - 377A</b> Mr Leow Yangfa Executive Director Oogachaga, Singapore	B11
11.30am	<b>Breakout Session 17</b> <b>X-CITE: A wellbeing mentoring program for youths</b> <ul style="list-style-type: none"> <li>Ms Yan Lin, Manager, Community Mental Wellness Services, Singapore</li> <li>Ms Rosalin Wong, Youth Worker, Children-At-Risk Empowerment Association (CARE Singapore), Singapore</li> </ul>	Lecture Theatre 4
	<b>Breakout Session 18</b> <b>Relevance - Engaging Youths Where They Are</b> Mr Asher Low Executive Director Limitless (Ltd), Singapore	B10
	<b>Breakout Session 19</b> <b>Building Hope with Youths presenting Mental Health Distress</b> Mr Khoo Yi Feng Social Worker, Singapore	B11
12pm	Networking Lunch Break 2	Open Space
1pm	<b>Plenary Session 5</b> <b>An integrated Community Mental Health Ecosystem - AIC's learnings and next steps</b> Ms See Yen Theng Chief, Caregiving and Community Mental Health Division, Agency for Integrated Care, Singapore	Lecture Theatre 4

2pm	<p><b>Breakout Session 20</b>  <b>United together: Taiwan Federation for Mental Health (TFMH) as a character to educate, empower and engage</b>  Professor Chang Chueh</p> <ul style="list-style-type: none"> <li>• Executive Supervisor, Mental Health Association in Taiwan, Republic of China</li> <li>• Coordinator, Taiwan Federation for Mental Health, Taiwan, Republic of China</li> <li>• Member, Global Alliance for Mental Health Advocates Advisory Panel, Taiwan, Republic of China</li> </ul>	Lecture Theatre 4
	<p><b>Breakout Session 21</b>  <b>The Oceania Region: Mental Health Advocacy and Promotion</b>  Ms Julie Millard  Regional Vice President Oceania Region  World Federation for Mental Health, Australia</p>	B10
	<p><b>Breakout Session 22</b>  <b>"Whole-of-Society" Approach in Youth Mental Health Advocacy - Empowering our Youths through Peer Support towards a Sustainable Future!</b>  Mr Cho Ming Xiu  Founder &amp; Executive Director  Campus PSY, Singapore</p>	B11
2.30pm	<p><b>Breakout Session 23</b>  <b>Caring for the elderly now is to care about the future self - Sharing about the community base activities of the Positive Silver Age Association (PSAA)</b></p> <ul style="list-style-type: none"> <li>• Ms Yeow Gaik Choo <ul style="list-style-type: none"> <li>○ Founder &amp; Clinical Psychologist, Positive2U Sdn Bhd, Malaysia</li> <li>○ Member, Global Alliance for Mental Health Advocates Advisory Panel, Malaysia</li> </ul> </li> <li>• Ms Young Wei Ling, Assistant Psychologist, Positive2U Sdn Bhd, Malaysia</li> </ul>	Lecture Theatre 4
	<p><b>Breakout Session 24</b>  <b>Making mental health a regional priority</b>  Dr Anne-Claire Stona, Research fellow, Institution SingHealth Duke NUS Global Health Institute, Singapore</p>	B10
	<p><b>Breakout Session 25</b>  <b>Caring for the Carer</b></p> <ul style="list-style-type: none"> <li>• Dr Geraldine Tan, Director / Principal Psychologist, The Therapy Room Pte Ltd, Singapore</li> <li>• Ms Olivia Ong, Psychologist, The Therapy Room Pte Ltd, Singapore</li> </ul>	B11

	<ul style="list-style-type: none"> <li>Ms Shannon Sia, Psychologist, The Therapy Room Pte Ltd, Singapore</li> </ul>	
3pm	Networking Tea Break 4	Open Space
3.30pm	<b>Breakout Session 26</b> <b>Multicultural Mental Health - working in and on the system</b> Ms Rita Prasad-Ildes <ul style="list-style-type: none"> <li>Managing Director, World Wellness Group, Australia</li> <li>Member, Global Alliance for Mental Health Advocates Advisory Panel, Australia</li> </ul>	Lecture Theatre 4
	<b>Breakout Session 27</b> <b>Raising the Village - Collaborations in mental health services in Singapore</b> Ms Estelle Lim Senior Medical Social Worker KKH Women & Children's Hospital, Singapore	B10
	<b>Breakout Session 28</b> <b>Family Resilience &amp; Our Sustainable Future</b> Mr Titus Yong, Co-Chair Harvard Alumni for Education, Singapore	B11
4pm	<b>Special Dialogue</b> <b>Mental Health Advocacy and Promotion Towards Sustainable Future: Educate • Empower • Engage</b>	Lecture Theatre 4
5.30pm	<b>Closing Address</b> Ms Ellen Lee, JP, PBM <ul style="list-style-type: none"> <li>President, Silver Ribbon (Singapore), Singapore</li> <li>Chair, Global Alliance for Mental Health Advocates, Singapore</li> <li>Former Member of Parliament for Sembawang GRC, Singapore</li> </ul>	Lecture Theatre 4
6pm	End of Day 2 THANK YOU for your support! 😊	-