

## Ms Chan Lishan

Ms Chan Lishan works as a mental health administrator at the National Council of Social Service. She completed her bachelor's and master's degrees at the University of York and the London School of Economics and Political Science. Winner of 'Most Promising Advocate' at the inaugural Singapore Advocacy Awards in 2014, and the youngest Singaporean to successfully publish a first-person mental health narrative in 2012 entitled, 'A Philosopher's Madness' (Ethos Books, Singapore), Ms Chan uses her lived experience of schizophrenia for the benefit of other persons with mental health issues, caregivers, the mental health sector, and the wider community.