

3rd ASIA PACIFIC CONFERENCE AND MEETING ON MENTAL HEALTH 2021
Conference Programme

Day 1 - 7 Oct 2021 (Thursday)

Time	Content	
0830	Audio Check for Welcome Addresses, Opening Address & Keynote Addresses	
0900	Arrival of Participants & Guest of Honour	Welcome Addresses & Opening Address
0905	Welcome Address I Ms Ellen Lee, President, Silver Ribbon (Singapore)/Former Member of Parliament for Sembawang GRC/Conference Advisor, Singapore	
0910	Welcome Address II Prof Fatimah Lateef, Prof in Emergency Medicine, Yong Loo Lin Medical School, NUS/Lee Kong Chian Medical School NTU/Duke NUS Graduate Medical School/Senior Consultant Emergency Physician, Singapore General Hospital, Singapore	
0915	Opening Address and Ceremony Opening Address Guest of Honour	
0930	Keynote Address I World Federation for Mental Health, World Mental Health Day (2020) - Why it is important to invest in mental health promotion and advocacy Dr Ingrid Daniels, President, World Federation for Mental Health/Director, Cape Mental Health, South Africa	Keynote Addresses
1000	Keynote Address II Bounce! And Build Bridges: Our Mental Wellness in the New Norm Prof Fatimah Lateef, Prof in Emergency Medicine, Yong Loo Lin Medical School, NUS/Lee Kong Chian Medical School NTU/Duke NUS Graduate Medical School/Senior Consultant Emergency Physician, Singapore General Hospital, Singapore	
1030	Tea Break I/Audio Check for Plenary 1-3	
1100	Plenary 1 Changing Landscape of Mental Health In Singapore Adj Assoc Prof Lee Cheng, Immediate Past President, Silver Ribbon (Singapore)/Clinical Director, IMH Office of Population Health, Singapore	Mental Health Advocacy & Promotion I
1130	Plenary 2 Towards Empowerment and Enablement to Enhance Community Mental Health Eco-System Dr Tan Weng Mooi, Director (InHealth), MOHT, Singapore	
1200	Plenary 3 Promoting Social Inclusion of Persons with Mental Health Conditions (PMHCs) Mr Chan Whee Peng, Director, Services, National Council of Social Service, Singapore	
1230	Lunch Break I/Audio Check for Plenary 4-6	
1330	Plenary 4 Global Alliance for Mental Health Advocates Mr Phay Yan Deng, Senior Clinical Executive, Silver Ribbon (Singapore), Singapore	Mental Health Advocacy & Promotion II
1400	Plenary 5 #TogetherWeCan: #MentalHealthAwareness on Twitter Ms Amanda Ang, Public Policy Manager, Twitter, Singapore	
1430	Plenary 6 A Bridge for Service Users to Be Service Providers: Mental Health Advocacy by Peers in Club Heal Ms Sumaiyah Mohamed, Programme Coordinator, Mr Daryl Tan, Peer Support Specialist, Ms Rishah Zainal, Peer Support Specialist, Club HEAL, Singapore	
1500	Tea Break II/Audio Check for Plenary 7-9	
1530	Plenary 7 Mental Healthscape in the Philippines: Challenges and Opportunities Dr Monica Walet, RPSY, MSPS, Professorial Lecturer, Miriam College, Psychology Department, Philippines	Mental Health Advocacy & Promotion III
1600	Plenary 8 There is No Health without Mental Health: New Models of Mental Health Care Provide Level of Care Dr Michael S Weiner, Chief Medical Officer, Maximus Singapore, United States	
1630	Plenary 9 Intersectoral Collaboration between Medical and Social Model of Mental Health Ms Christine Wong, Executive Director, Caritas Singapore, Singapore	
1700	Plenary 10 Suicide Prevention: Importance of ensuring safety in public campaigns Mr Eric Tan, Director, Partnership & Engagement Department, Samaritans of Singapore	
1730	Plenary 11 Digital and Well-Being: Innovations and Technologies Ms Von Leong, General Partner, Purpose Venture Capital, Singapore	
1800	End of Day 1	

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Day 2 - 8 Oct 2021 (Friday)

Time	Content	
0800	Audio Check for Keynote Address III & Plenary 10-12	
0830	Keynote Address III Global Mental Health and Sustainable Development Ms Nancy E. Wallace, United Nations Representative (New York), World Federation for Mental Health, United States	Keynote Address
0900	Plenary 12 Preventing Depression in Pregnancy Dr Prianto Djatmiko, Head of Adult Mental Health Division, Ministry of Health, Indonesia	Mental Health & Youth
0930	Plenary 13 Understanding Mood Disorders - Presentation of Bipolar Spectrum Disorders in Children and Adolescents Dr Vicknesan Marimuttu, Consultant Psychiatrist (Child and Adolescent), KK Women's and Children's Hospital, Singapore	
1000	Plenary 14 Sustainable Adolescent Expression Programme @ Program Expressi Anak Remaja Lestari (PEARL) Mrs Kamarul Huda Binti Kamaruddin, Senior Assistant Director, Health Education Division, Ministry of Health, Malaysia	
1030	Tea Break III/Audio Check for Plenary 13-16	
1100	Plenary 15 The Impact of the Peer Helpers Programme on SMU Peer Helpers Dr Ada Chung Yee Lin, Head, Mrs Wong Kwok Leong Student Wellness Centre, Singapore Management University, Singapore	Mental Health & Youth II
1130	Plenary 16 Young Leaders for Mental Health Ms Anne-Claire Stona, Research Associate, Lee Kong Chian School of Medicine, Nanyang Technological University, Singapore	
1200	Plenary 17 Building Our Shared Future - Reshaping Youth Mental Health in Singapore Mr Cho Ming Xiu, Founder and Executive Director, Campus PSY Limited, Singapore	
1230	Plenary 18 Beyond Boundaries Mr Muhammad Syazwan Bin Mohamed Suhri, Senior Programme Executive, Singapore Association for Mental Health, Singapore	
1300	Lunch Break II/Audio Check for Plenary 17-20	
1400	Plenary 19 Low-intensity Psychological Therapy in Hong Kong - A Pilot Programme "eGPS" Dr Ling Yuet Man Candice Powell, Clinical Psychologist/Officer-in-charge, Clinical Psychological Services, New Life Psychiatric Rehabilitation	Mental Health & Community
1430	Plenary 20 The Relationship Between Divorce and Mental Health: A Look at How Syariah Court and its Community Partners Support Vulnerable Families Ms Fatimah Zohrah, Assistant Manager, Ministry of Culture, Community & Youth (MCCY) - Syariah Court	
1500	Plenary 21 What's Strong instead of What's Wrong: An NGOs Mental Health Engagement Strategy for Migrant Workers During Covid-19 Mr Justin Paul, Mental Health & Counselling Programme Manager, HealthServe Ltd, Singapore	
1530	Tea Break IV/Audio Check for Plenary 21-27	
1600	Plenary 22 The Development and Conflict Between CRPD and Sheltered Employment in Taiwan, Republic of China Dr Shu-Jen Lu, President, Mental Health Association in Taiwan/Regional President, Asia Pacific, World Federation for Mental Health, Taiwan, Republic of China	Mental Health & Community II
1630	Plenary 23 Adopting a Wellness Approach at the Workplace Mr Andi Susanto, Senior Rehabilitation Counsellor, Singapore Anglican Community Services	
1700	Plenary 24 Corporate Giving/MINDSET Learning Hub/DigitalMINDSET Mr Jeffery Tan, Chief Executive Officer, Jardines MINDSET, Singapore	
1730	Plenary 25 Outreaching to Disenfranchised and Multi-Cultural Communities to Promote Mental Health Well-being – A Case Study of Sex Workers in Singapore Ms Vanessa Ho, Executive Director, Project X, Singapore	
1800	Plenary 26 The Visible Yet Invisible Community Mr Shan Menon, Registered Social Worker/Lead Counsellor/Volunteer, The T Project, Singapore	
1830	Plenary 27 Suicide: Asking The Real Questions Ms Jenny Teo, Founder, Stigma2StrengthSingapore, Singapore	
1900	End of Day 2	