



**SILVER RIBBON (SINGAPORE)**

**Towards Positive Mental Health**

www.silverribbonsingapore.com

Blk 616 Hougang Ave 8

#01-386 Singapore 530616

Tel 6386 1928

# Be Our Friends!

**Name** : \_\_\_\_\_

**NRIC/Passport No.** : \_\_\_\_\_ **Race** : \_\_\_\_\_

**Date of Birth** : \_\_\_\_\_ **Mobile** : \_\_\_\_\_

**Age** : \_\_\_\_\_ **Office** : \_\_\_\_\_

**Gender** : Female / Male **Home** : \_\_\_\_\_

**Email Add** : \_\_\_\_\_

**Mailing Add** : \_\_\_\_\_

**Postal Code** : \_\_\_\_\_

**Signature** : \_\_\_\_\_ **Date** : \_\_\_\_\_

Please note that by signing, you are certifying that the above information given is true and accurate.

As a friend of Silver Ribbon Singapore (SRS), you will be included in our mailing list and be updated on our upcoming events, talks, gatherings, and many more!

Meanwhile, you may wish to indicate your interest in the area/s listed below to allow us to better match your expertise when needs arise: -

- |   |  |
|---|--|
| <input type="checkbox"/> Photographers      | <input type="checkbox"/> Graphic Designers |
| <input type="checkbox"/> Event Coordinators | <input type="checkbox"/> IT Support        |
| <input type="checkbox"/> Emcee              | <input type="checkbox"/> Others _____      |

Suggestions to combat mental health stigma and encourage treatments: -

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Please mail the completed form to: Silver Ribbon (Singapore)  
 c/o Tze Hng Wellness Studio  
 Blk 616 Hougang Ave 8 #01-386 S(530616)

**Important:**  
 Kindly note that by sending in your application, you agree to receive information from Silver Ribbon (Singapore) through emails, phone calls, sms and mails on our events updates, promotions, charity drives, volunteering recruitment drives etc. Please note that you may opt out from our mailing list by sending an official letter or email to info@silverribbonsingapore.com.

<b>For Official Use</b> Date Received :	Entered By : (name & signature)
Date Entered Into System :	