

PROGRAMME

Day 1 – 4 October 2018, Thursday

0800	Registration <i>Venue: Foyer @ Level 2</i>
0900	Arrival of Guest of Honour President Halimah Yacob, The President of Republic of Singapore <i>Venue: Auditorium @ Level 2</i>
0905	Welcome Performance
0910	Welcome Address 1 Ms Ellen Lee, President, Silver Ribbon (Singapore)/Former Member of Parliament for Sembawang GRC, Singapore <i>Venue: Auditorium @ Level 2</i>
0915	Welcome Address 2 Mr Anders Schroll, Vice President, Corporate Communication & Global Public Affairs, Lundbeck, Denmark <i>Venue: Auditorium @ Level 2</i>
0920	Opening Address President Halimah Yacob, President of the Republic of Singapore <i>Venue: Auditorium @ Level 2</i>
0930	Opening Ceremony of 1st Global Summit for Mental Health Advocates Launch of Global Alliance for Mental Health Advocates <i>Venue: Auditorium @ Level 2</i>
0945	Keynote Address 1 Presentation Title (to be confirmed) Dr Alberto Trimboli, President, World Federation for Mental Health, Argentina <i>Venue: Auditorium @ Level 2</i>
1015	Keynote Address 2 Learn, Unlearn, Relearn: United We Stand Associate Professor Fatimah Lateef Member of Parliament, Singapore Senior Consultant , Department of Emergency Medicine , Singapore General Hospital Associate Professor, Duke NUS Graduate Medical School Associate Professor, Yong Loo Lin School of Medicine, NUS Singapore <i>Venue: Auditorium @ Level 2</i>
1045	Tea Break I <i>Venue: Foyer @ Level 2</i>
1115	Plenary 1 Progress in Mind - Together We Can Make A Difference Mr Anders Schroll, Vice President, Corporate Communication & Global Public Affairs, Lundbeck, Denmark <i>Venue: Auditorium @ Level 2</i>

1145	<p>Plenary 2 Must Do Better: An Appeal for Greater Care and Compassion in Police Intervention and Education Ms Chan Li Shan, Honorary Treasurer, Silver Ribbon (Singapore) <i>Venue: Auditorium @ Level 2</i></p>					
1215	<p>Networking Lunch I <i>Venue: Foyer @ Level 2</i></p>					
1245	<p>Breakout Session 1 Mental Health Advocacy & Research</p> <table border="1"> <tr> <td> <p>1.1 13 Reasons Why + 1 How – Mental Health Advocacy in Singapore Ms Thamarai Arivanandan Branch Executive Silver Ribbon (Singapore), Singapore <i>Venue: Auditorium @ Level 2</i></p> </td> <td> <p>1.2 You Are Not Alone – TOUCH’s Mental Health Initiatives in the Community Mrs Anita Low-Lim, Senior Director, Children & Youth/Impact & Research/Partnership & Communication, Touch Community Services, Singapore <i>Venue: Banquet Hall @ Level 3</i></p> </td> <td> <p>1.3 Presentation Title (To be confirmed) A/Prof Tan Chay Hoon, Visiting Consultant, National University Hospital, Singapore <i>Venue: Meeting Room 1 & 2 @ Level 2</i></p> </td> </tr> </table>			<p>1.1 13 Reasons Why + 1 How – Mental Health Advocacy in Singapore Ms Thamarai Arivanandan Branch Executive Silver Ribbon (Singapore), Singapore <i>Venue: Auditorium @ Level 2</i></p>	<p>1.2 You Are Not Alone – TOUCH’s Mental Health Initiatives in the Community Mrs Anita Low-Lim, Senior Director, Children & Youth/Impact & Research/Partnership & Communication, Touch Community Services, Singapore <i>Venue: Banquet Hall @ Level 3</i></p>	<p>1.3 Presentation Title (To be confirmed) A/Prof Tan Chay Hoon, Visiting Consultant, National University Hospital, Singapore <i>Venue: Meeting Room 1 & 2 @ Level 2</i></p>
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1315	<p>Plenary 3 Let Us Advocate and Promote Mental Health Dr Wendy Laupu, Doctor of Nursing Science, Queensland Health, Australia <i>Venue: Auditorium @ Level 2</i></p>					
1345	<p>Plenary 4 Stronger Together – The Power of Advocacy Mr Fardous Hosseiny, National Director, Public Policy and Government Relations, Canadian Mental Health Association (CMHA), Canada <i>Venue: Auditorium @ Level 2</i></p>					
1415	<p>Breakout Session 2 Mental Health Policies, Promotion & Strategies</p> <table border="1"> <tr> <td> <p>2.1 Mental Health Policy and Promotion Mr Anjan Kumar, Director, National Council of Social Service, Singapore <i>Venue: Auditorium @ Level 2</i></p> </td> <td> <p>2.2 Developing Community Mental Health Ecosystem – Moving Beyond Services to Community Network Dr Tan Weng Mooi, Chief, Agency for Integrated Care, Singapore <i>Venue: Banquet Hall @ Level 3</i></p> </td> <td> <p>2.3 Presentation Title (To be confirmed) Syariah Court <i>Venue: Meeting Room 1 & 2 @ Level 2</i></p> </td> </tr> </table>			<p>2.1 Mental Health Policy and Promotion Mr Anjan Kumar, Director, National Council of Social Service, Singapore <i>Venue: Auditorium @ Level 2</i></p>	<p>2.2 Developing Community Mental Health Ecosystem – Moving Beyond Services to Community Network Dr Tan Weng Mooi, Chief, Agency for Integrated Care, Singapore <i>Venue: Banquet Hall @ Level 3</i></p>	<p>2.3 Presentation Title (To be confirmed) Syariah Court <i>Venue: Meeting Room 1 & 2 @ Level 2</i></p>
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1445	<p>Tea Break II <i>Venue: Foyer @ Level 2</i></p>					
1515	<p>Plenary 5 Media for Advocacy Ms Eunice Elizabeth Olsen, Founder and Executive Producer, Womentalk TV Pte Ltd, Singapore <i>Venue: Auditorium @ Level 2</i></p>					
1545	<p>Plenary 6 The United to Help Movement. - 10 Years Combating Mental Health Stigma and Discrimination in Portugal</p>					

	<p>Prof Filipa Palha, Founding President, Encontrar+Se – Associação Para A Promoção Da Saúde Mental/Association for the Promotion of Mental Health, Portugal <i>Venue: Auditorium @ Level 2</i></p>		
1615	<p>Breakout Session 3 Mental Health Assessment, Treatment & Other Interventions</p>		
	<p>3.1 What Consumers Needs to Know About Mental Health Treatment Options Ms Cecilia Chng, Advanced Practice Nurse/Assistant Director of Nursing, National University Hospital, Singapore <i>Venue: Auditorium @ Level 2</i></p>	<p>3.2 Mothers and Infants – What ails and what heals A/Prof Helen Chen Senior Consultant Psychiatrist/Head, Department of Psychological Medicine, KK Women’s & Children’s Hospital, Singapore <i>Venue: Banquet Hall @ Level 3</i></p>	<p>3.3 When A 60-minute Mental Health Assessment Empowers Ms Yong Yee Huei, Case Manager, Institute of Mental Health, Community Health Assessment Team, Singapore <i>Venue: Meeting Room 1 & 2 @ Level 2</i></p>
1645	<p>Breakout Session 4 Mental Health, Employment & Social Enterprise</p>		
	<p>4.1 Bakery Wellness Ms Zhong Peirong Founder, Bakery Wellness, Singapore <i>Venue: Auditorium @ Level 2</i></p>	<p>4.2 Empowerment, beyond Employment, for Persons with Mental Health Issues Ms Anthea Ong, Founder/Chief Revolutionary, Hush TeaBar, Singapore <i>Venue: Banquet Hall @ Level 3</i></p>	<p>4.3 Global Alliance for Mental Health Advocates Advisory Panel Annual Meeting <i>Venue: Meeting Room 1 & 2 @ Level 2</i></p>
1715	<p>End of Day 1</p>		
1800	<p>Networking Dinner (by invitation only) <i>Venue: Muslim Delights @ Level 1</i></p>		

Day 2 – 5 October 2018, Friday

0800	Registration <i>Venue: Foyer @ Level 2</i>		
0900	Plenary 7 Bridging the Divide – The Story of An Unlikely Practice Dr Marcus Tan, Board Member, Silver Ribbon (Singapore) <i>Venue: Auditorium @ Level 2</i>		
0930	Plenary 8 We Need A “Public Mental Health Promotion Act” As Strategies to Advocate Mental Health: Taiwan Experience Prof Chueh Chang, President, Mental Health Association in Taiwan, Taiwan <i>Venue: Auditorium @ Level 2</i>		
1000	Tea Break III <i>Venue: Foyer @ Level 2</i>		
1030	Breakout Session 5 Mental Health & Community Support		
	5.1 Prevention, Assessment & Intervention in Suicide Work Ms Christine Wong, Executive Director, Samaritans of Singapore, Singapore <i>Venue: Auditorium @ Level 2</i>	5.2 Mental Health and the LGBTQ+ Community Mr Leow Yangfa, Executive Director, Oogachaga, Singapore <i>Venue: Banquet Hall @ Level 3</i>	5.3 Sex is Not a Mental Illness Dr Martha Lee, Clinical Sexologist, Eros Coaching, Singapore <i>Venue: Meeting Room 1 & 2 @ Level 2</i>
1100	Plenary 9 International Community Mental Health Training for Neighbourhood Countries Mrs Suchada Sakornsatian, Senior Consultant, Srithanya Hospital, Thailand <i>Venue: Auditorium @ Level 2</i>		
1130	Plenary 10 Mental Health Promotion in Hong Kong: Its Past Experience and Its Future Hope Ms Deborah Wan, Past President, World Federation for Mental Health, Hong Kong <i>Venue: Auditorium @ Level 2</i>		
1200	Networking Lunch II <i>Venue: Foyer @ Level 2</i>		
1230	Plenary 11 Neuropsychology and Mental Health in Diverse Settings: Environment to Individual, Community to Country Dr Lillian Comas-Diaz, Medical Director, Transcultural Mental Health Institute/Clinical Professor, George Washington University, Department of Psychiatry, United States Prof Frederick Jacobsen, Medical Director, Transcultural Mental Health Institute/Clinical Professor, George Washington University, School of Medicine, United States <i>Venue: Auditorium @ Level 2</i>		
1300	Plenary 12 Take A Life Education Path – Foresight Better Self in Psychology Ms Yeow Gaik Choo, Clinical Psychologist, Positive2U Sdn Bhd, Malaysia <i>Venue: Auditorium @ Level 2</i>		

1330	Plenary 13 Multifamily Therapy in the Treatment of Addictions Lic Silvia Raggi, President, Asociacion Argentina de Salud Mental (AASM), Argentina <i>Venue: Auditorium @ Level 2</i>		
1400	Plenary 14 My Recovery Journey Mr Andrew Lu, Peer Support Specialist, RI International, New Zealand Ms Debbie Siau, Activities Coordinator, Oceania Healthcare, New Zealand <i>Venue: Auditorium @ Level 2</i>		
1430	Breakout Session 6 Mental Health, Youths & Students' Mental Health Initiatives Within/Beyond Campus		
	6.1 Not Just Peanut Butter and Jam: Youths on the Move to Fill in the Gap Jeanette Yeo, Assistant Team Leader (Logistics), Silver Ribbon Youth Chapter, Singapore <i>Venue: Auditorium @ Level 2</i>	6.2 Peer Helpers Programme Ms Connie Wong, Clinical Assistant Director, Singapore Management University, Singapore <i>Venue: Banquet Hall @ Level 3</i>	6.3 United We Stand – Rallying Our Youths Within & Beyond Campus for Youth Mental Health Advocacy Mr Cho Ming Xiu, Founder, Campus PSY (Peer Support for Youths), Singapore <i>Venue: Meeting Room 1 & 2 @ Level 2</i>
1500	Tea Break IV <i>Venue: Foyer @ Level 2</i>		
1530	Breakout Session 7 Mental Health, Rehabilitation & Reintegration		
	7.1 To Value and to Respect – Motivating Peers in their Recovery Journeys Dr Radiah Salim, Honorary President Club HEAL, Singapore <i>Venue: Auditorium @ Level 2</i>	7.2 Mental Health: Rehabilitation and Reintegration Dr Sally Thio, Executive Director, Caregivers Alliance Ltd, Singapore <i>Venue: Banquet Hall @ Level 3</i>	7.3 Youth Recovery in the Community Mr Fred Cordeiro, Executive Director, Clarity Singapore Limited, Singapore <i>Venue: Meeting Room 1 & 2 @ Level 2</i>
1600	Plenary 15 Recovery and Relapse Prevention of Working Persons Dr Tsuyoshi Akiyama, President, Japanese Society for the Elimination of Barriers to Mental Health, Japan <i>Venue: Auditorium @ Level 2</i>		
1630	Plenary 16 The Effectiveness of Caregivers' Role for Adherence to Treatment in Schizophrenic Patients (Evidence-Based Case Report) Dr Chrisna Mayangsari, Psychiatrist, University of Indonesia & Bekasi Government Hospital, Indonesia <i>Venue: Auditorium @ Level 2</i>		

1700	<p>Plenary 17 Making a Difference in Philippines – Promoting Psychosocial Rehabilitation in the Community Dr Tan Cho Chiong, Psychiatrist, Associate Professor, Institute of Medicine, Far Eastern University – Dr Nicanor Reyes Medical Foundation, Philippines <i>Venue: Auditorium @ Level 2</i></p>
1730	<p>Closing & Handover Ceremony</p> <ul style="list-style-type: none"> • Closing Speech “What’s next?” Name, Designation, Organisation • Handover Ceremony <p><i>Venue: Auditorium @ Level 2</i></p>
1730	End of Day 2