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**MAXIMISING THE ROLE OF CAREGIVERS TO THE MENTALLY ILL**  
organised by **SACS Psychiatric Rehabilitation Services** • funded by **HMDP - ILTC**



Suzanne Nielsen Adriukaitis, M.A., ACSW, LCSW, the Executive Director of the National Alliance on Mental Illness (NAMI) of Greater Chicago since 1994 is presenting her experience and successes in maximising the role of caregivers to the mentally ill at a series of talks over five days.

This programme will encourage and educate professionals on how they can:

- Play an effective and collaborative role with the caregivers within the Mental Health System
- Partner the institutions and professionals in the development and delivery of Mental Health services
- Build and benefit from self-help support from other caregivers
- Enhance care-givers knowledge and understanding of mental illness so as to be able to help the professionals in implementation of care and treatment for better Mental Health Services

## PROGRAMME

**Tuesday, 26th January '10**

3 PM - 6 PM

**Workshop: Challenges Faced by the Caregivers in Singapore**

**Wednesday, 27th January '10**

9 AM - 5 PM

**Caregivers As Partners in the Development & Delivery of Mental Health Services**

**Thursday, 28th January '10**

9 AM - 5 PM

**Making Recovery Real: The Role of Caregivers in an Effective Mental Health System**

**Friday, 29th January '10**

2 PM - 5 PM

**The Crisis Escalation Cycle & Effective Interventions**

6 PM - 9 PM

**Involving Consumers and Family Members in Chicago's Crisis Intervention Team Collaboration**

**Saturday, 30th January '10**

9 AM - 5 PM

**Maximising the Role of Caregivers to the Mentally Ill**

**THE TALKS WILL BE HELD IN HOUGANG CARE CENTRE - BUANGKOK GREEN MEDICAL PARK, BLK 4. ADMISSION IS FREE, PRIOR REGISTRATION IS REQUIRED.**

**PLEASE CALL [6386 9338](tel:63869338) OR EMAIL [JUNCHIA@SACSHCC.ORG.SG](mailto:junchia@sacshcc.org.sg) TO REGISTER BY 11 JAN '10.**