

FREE Public Forum on 11 Oct 08, Saturday

Journeying Towards RECOVERY: The Experiences and the Available Programmes *Register now! Seats are limited.*

It is widely known that severe and persistent mental illnesses almost universally follow a deteriorative course. Coupled with pervasive stigma attached to mental illness, it is not surprising that RECOVERING from severe and persistent psychiatric conditions is often considered a *myth*.

This public forum offers an overview of the existing inpatient and outpatient psychiatric rehabilitation programmes provided by the *Institute of Mental Health (IMH)* to support the recovery of individuals with psychiatric disabilities, *from both perspectives – a doctor's, and also persons with mental illnesses.*

Individuals with psychiatric conditions and their caregivers are encouraged to attend.

Key Highlights:

- **Overview of psychiatric rehabilitation programmes** by *Dr Eu Pui Wai, Director-Rehabilitation Psychiatry, IMH* and *Mr Koh Chee Wai, Senior Medical Social Worker*
- **A sharing of experiences from living examples of recovery from severe psychiatric conditions:** *Dr. Rita Goh, author of "Back from the Brink of Insanity" and Mr. Harris Ng, author of "Recovered Grace: Schizophrenia"*

Date	: Saturday, 11 October 2008	Getting to IMH
Time	: 9.00am – 11.30am (Registration from 8.30am)	Buses: 88, 43, 109, 101, 156, 161, 325
Venue	: Institute of Mental Health Meeting Room 3 and 4 Buangkok Green Medical Park 10 Buangkok View S(539747)	Nearest MRT: Buangkok (then change to Bus 43)
Fee	: No charge - Includes free entry into Woodbridge Museum , a historic site marked by the National Heritage Board in 2006 and light refreshments.	

REGISTRATION FORM

- Complete and fax this registration form to (65) 6336 2583 OR register online at www.apprc.com.sg.
- For enquiries, please visit www.apprc.com.sg or call the APPRC 2008 Secretariat, c/o CMA International Consultants Pte Ltd at (65) 6336 2328 or email: apprc@cma.sg

Name: Dr/ Mr / Mrs / Ms / Mdm _____

Contact No: _____ Fax: _____ Email: _____

No of pax to register for*: _____

*Confirmation will be sent after we receive your registration. Please bring along this slip for entry.

Organised by:



In conjunction with:



Supported by:



Giving Hope. Improving Lives.