

“I Have Mental Illness, SO WHAT?”

Emerging Trends

and Successful Recovery

Guest Speaker: Dr. Fatimah Lateef, MP for Marine Parade GRC

Managing mental illness requires a holistic approach.
Come and learn from the personal sharings of recovered patients,
support group leaders and a caregiver. Discover the road to recovery.

Venue: Toa Payoh HDB Hub

(Located next to Toa payoh MRT and Bus Interchange)

Punggol Room Basement 1

Convention Center

Date: 26th April 2008

Time: 2 pm to 5 pm

Fee: Free Admission *Registration required

(Refreshments will be provided)

- 2:00 pm - 2:15 pm Introduction to Silver Ribbon (Singapore)
- Ms Porsche Poh, Executive Director, Silver Ribbon (Singapore)
- 2:15 pm - 2:45 pm “It’s all in Your Mind! Great Mind, Great Body”
- Dr Fatimah Lateef, MP for Marine Parade GRC
- 2:45 pm - 3:15 pm “Back from the Brink of Insanity”
- Dr Rita Goh, Founder of Aspirom Services
- 3:15 pm - 3:45 pm Tea Break
- 3:45 pm - 4:15 pm “Back to Society”
- Harris Ng, President, Association for The Open Minds
- 4:15 pm - 4:30 pm "For Good...and Even Better Times: A Life Partner’s View”
- Violet Ng, Loving Wife of Harris Ng
- 4:30 pm - 5:00 pm Questions and Answers

***Limited seats, registration required. Please RSVP with Jenny Teo via Email, Phone or Fax:**

Participant 1: _____
Participant 2: _____
Contact no: _____ (Mobile/ Office/ Home)
Address: _____
E-mail: _____

2 International Business Park #07-01,
Tower One, The strategy S609930
Tel: (65) 6827 6188 Fax: (65) 6720 0734
Email: jteo@jacsg.jnj.com